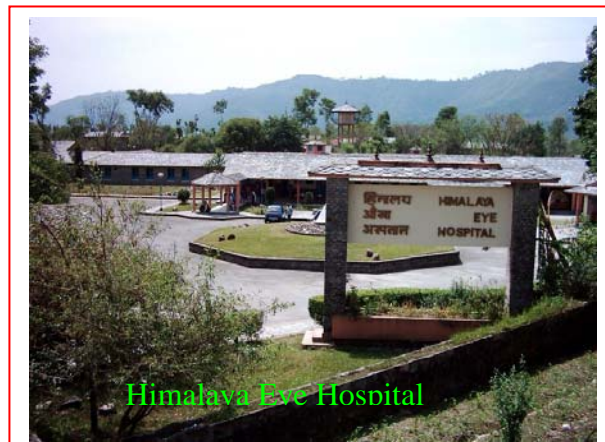


A Manual for Medical Students *for Internship & Elective Study at Himalaya Eye Hospital*

Himalaya Eye Hospital (HEH) is a charitable institution established in Pokhara, 200 Kms west of Kathmandu, the capital city of Nepal, with the financial support from people of the Netherlands through an INGO called Foundation Eye Care Himalaya (now Eyecare Worldwide) with the objective of rendering comprehensive eye care services to the people residing in hilly & mountainous areas. It conducts community based activities through out the year to serve the unserved people. Ophthalmic training to different category of manpower is another important activity of

HEH sees a wide variety of eye patients from both urban & rural communities having different pathologies. The number of patients in an average exceeds 200 a day. The hospital is situated in a place, which probably is the most picturesque place in the world full of lakes, caves, falls, gorges, panoramic view of mighty Himalayas, various ethnic groups and most offering climate. It also offers an exceptionally conducive environment for learning different areas in ophthalmology.



Students learning from Ophthalmologist



A patient in hospital for treatment

This all has fascinated medical students studying in various universities in the world for their compulsory internship and elective study in ophthalmology to this hospital. The majority of students requesting for their elective study in ophthalmology in this hospital are from the Netherlands & Australia. The students who want to do internship or elective study at HEH are required to fulfill the followings:

1. Submission of Application:

A written application should be sent to Hospital requesting for elective study/internship specifying the period at least two months prior to the proposed date of study. The application shall be sent through post, email or fax. The application must consist of the following documents as its attachment.

- Detail Bio-data
- Documents that certify the level of education
- Recommendation letter from university
- Any other relevant documents

Himalaya Eye Hospital will than notify the students about the acceptance or rejection of the request within two weeks of receipt of application. If the period proposed by the student doesn't match with the schedule of HEH, then hospital will inform the student of the possible dates.

Maximum two students shall be offered opportunity for study at a time. In case of receipt of more than two applications for the same period, acceptance of request shall be done on first come first serve basis and accordingly applicants shall be informed. Along with the information, the possible period shall also be advised.

2. Financial Arrangement

All expenditure that will incur for study such as travel both inside Nepal & beyond, accommodation, meal etc. during the period of study should be borne by the students. Hospital doesn't have any provision to support for such expenditures.

3. Fee:

Students will have to pay fee at the rate of US \$ 70 per week for their study. The fee will include cost of accommodation inside hospital. It doesn't include the cost of meal, which should be arranged by the students themselves.

The accommodation will have a bed room with basic furniture and attached bath room. Should any candidate decide not to stay inside hospital, s/he shall have to pay US \$ 35 per week as fee excluding accommodation charge. The amount so collected from students shall be utilized for upgrading teaching facilities in hospital and treatment of poor patients.

4. Schedule of posting

The hospital remains open six days in a week from Sunday till Friday. Its working hours begins from 8.00 in summer & 8.30 in winter, and goes till 4.00 in the afternoon. The hospital has three departments; Outpatient department, In-patient department & Operation theatre. The student in internship or clerkship will be posted in all the departments. For a period of three weeks', the posting shall remain as follows:

Week	Department	Units	Day(s)	Remarks
1st	OPD	Vision	1	
		Refraction	1	
		Screening	2	
		Minor OT	2	
2nd	OPD	Consultation	6	
3 rd	Operation Theatre	Main OT	2	
	In-patient department	Duty room	1	
	Special clinics	Pediatric/Low Vision/Orthoptic	3	
	Total		18	

Introduction of each department and employees working there shall be given to student before his posting.

5. Study Supervisor

During the posting of student in different units, student will require to do as advised by supervisor. In every unit, there will be a supervisor, who will facilitate student in learning. In consultation room, they will sit together with ophthalmologists and acquire knowledge on different types of diseases and their treatments.



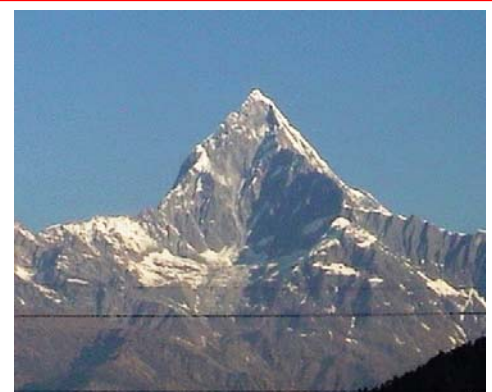
Students & Supervisors

6. Library

Whenever students get time, they can come to library and study ophthalmic books. The library is situated in administrative block and can be reached within a few seconds from every unit. Periodicals & Journals like BJO etc. are also available in the Library.

7. Leisure

Pokhara is a famous place for tourism and a destination for majority of tourists visiting Nepal. It has many places, which are worth visiting. The students in their leisure time such as weekend can visit such places and enjoy it.



View of Fishtail from hospital

Utilization of leisure time

8. Visa

Students can obtain Visa for their visit from Nepalese Embassy or Consulate office in their country. A tourist visa can also be obtained at Kathmandu airport and be taken upon arrival in the airport.

9. Getting Pokhara

Pokhara can be accessed by road or air. Kathmandu is the entry point while flying in. Flying time between Kathmandu and Pokhara is 25 minutes. The journey takes 5 hours by road. Air tickets for Pokhara are available on the spot. Taxi service is available from Pokhara airport to Himalaya Eye Hospital, which is just 1.5 km away.



Shadow of Fishtail on Fewa

For further information, please contact

Himalaya Eye Hospital
Gharipatan, Pokhara
P. O. Box 78
Tel. No. : 00977 61 5 21256, 00977 61 5 30458
Fax: 00977 61 5 20352
Email: heh@ntc.net.np